



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

ALMEROOTH, Sophie

Club: -

Number: 1701

Course: 12.50 km

12,5 km -Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:15:26

Speed: 9.54 km/h

Running performance: 6:02 min/km

Rank in course/Total: 211 (of 246)

Rank in course/Women: 41 (of 56)

Best time in course: 52:30

Rank in category: 11(of 14)

Best time in the category: 55:47