



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

ERTEL, Frank

Club: Mühlhäuser Laufwölfe

Number: 1737

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:15:50

Speed: 9.49 km/h

Running performance: 6:04 min/km

Rank in course/Total: 214 (of 246)

Rank in course/Men: 172 (of 190)

Best time in course: 41:16

Rank in category: 9(of 9)

Best time in the category: 54:24