



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

Engler, Winfried

Club: Nägelstedt

Number: 1936

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:15:55

Speed: 9.88 km/h

Running performance: 6:04 min/km

Rank in course/Total: 215 (of 246)

Rank in course/Men: 173 (of 190)

Best time in course: 41:16

Rank in category: 29(of 29)

Best time in the category: 45:09