



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

Koske, Christian

Club: Weimar

Number: 1961

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:16:23

Speed: 9.82 km/h

Running performance: 6:07 min/km

Rank in course/Total: 221 (of 246)

Rank in course/Men: 176 (of 190)

Best time in course: 41:16

Rank in category: 7(of 9)

Best time in the category: 57:51