



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

KÖTZ, Swen

Club: Hufeland Klinikum GmbH

Number: 1787

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:16:58

Speed: 9.35 km/h

Running performance: 6:10 min/km

Rank in course/Total: 224 (of 246)

Rank in course/Men: 178 (of 190)

Best time in course: 41:16

Rank in category: 18(of 21)

Best time in the category: 49:46