



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

Knoll, Michael

Club: LG Bad Frankenhausen/Göllingen
Number: 1935

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:18:30

Speed: 9.17 km/h
Running performance: 6:17 min/km

Rank in course/Total: 228 (of 246)

Rank in course/Men: 182 (of 190)

Best time in course: 41:16

Rank in category: 20(of 21)

Best time in the category: 49:46