



7nutslopet 2017
Gramstad / 09.09.2017

Detailed evaluation

Eirin Hustvedt

Number: 90

Course: 13.00 km
7nutsløpet

Category:
Kvinne

Total time: 2:07:38

Speed: 6.11 km/h
Running performance: 9:50 min/km

Rank in course/Total: 81 (of 155)

Rank in course/Women: 15 (of 53)

Best time in course: 1:45:20

Rank in category: 15(of 53)

Best time in the category: 1:45:20

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Fodgstadnuten	-	9:33	-	5	0:59	5	0:59	-	9:33	-	5	0:59	5	0:59
Dalsnuten	-	17:38	-	20	3:31	20	3:31	-	27:11	-	12	4:30	12	4:30
Øvre Eikenuten	-	12:50	-	13	2:11	13	2:11	-	40:01	-	10	6:07	10	6:07
Gramstad mellor	-	8:36	-	15	1:23	15	1:23	-	48:37	-	11	7:00	11	7:00
Kollirudla	-	12:09	-	24	2:14	24	2:14	-	1:00:46	-	15	8:51	15	8:51
Mattisrudlå	-	27:29	-	21	5:53	21	5:53	-	1:28:15	-	18	14:18	18	14:18
Bjørndalsfjellet	-	15:37	-	24	4:09	24	4:09	-	1:43:52	-	18	18:27	18	18:27
Gramstadtjønna	-	21:41	-	14	3:52	14	3:52	-	2:05:33	-	15	21:59	15	21:59
Finish	-	2:05	-	9	0:19	9	0:19	13.00	2:07:38	-	16	22:18	16	22:18