



7nutslopet 2017
Gramstad / 09.09.2017

Detailed evaluation

Mathias Saxeide Offerdal

Number: 45

Course: 13.00 km
7nutsløpet

Category:
Mann

Total time: 4:07:24

Speed: 3.15 km/h
Running performance: 19:02 min/km

Rank in course/Total: 145 (of 155)

Rank in course/Men: 99 (of 102)

Best time in course: 1:23:07

Rank in category: 100(of 102)

Best time in the category: 1:23:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Fodgstadnuten	-	15:22	-	101	8:33	101	8:33	-	15:22	-	101	8:33	101	8:33
Dalsnuten	-	28:54	-	101	17:48	101	17:48	-	44:16	-	101	26:21	101	26:21
Øvre Eikenuten	-	30:33	-	101	21:22	101	21:22	-	1:14:49	-	101	47:43	101	47:43
Gramstad mellor	-	17:02	-	101	11:20	101	11:20	-	1:31:51	-	101	59:03	101	59:03
Kollirudla	-	17:39	-	98	9:13	98	9:13	-	1:49:30	-	100	1:08:16	100	1:08:16
Mattisrudlå	-	54:34	-	100	37:06	100	37:06	-	2:44:04	-	100	1:45:22	100	1:45:22
Bjørndalsfjellet	-	29:46	-	100	20:14	100	20:14	-	3:13:50	-	100	2:05:36	100	2:05:36
Gramstadtjønna	-	50:54	-	99	37:43	99	37:43	-	4:04:44	-	99	2:43:19	99	2:43:19
Finish	-	2:40	-	87	1:08	87	1:08	13.00	4:07:24	-	101	2:44:17	101	2:44:17