



7nutslopet 2017
Gramstad / 09.09.2017

Detailed evaluation

Anne-Kristin Sollid

Number: 33

Course: 13.00 km
7nutsløpet

Category:
Kvinne

Total time: 1:56:02

Speed: 6.72 km/h
Running performance: 8:56 min/km

Rank in course/Total: 52 (of 155)

Rank in course/Women: 6 (of 53)

Best time in course: 1:45:20

Rank in category: 6(of 53)

Best time in the category: 1:45:20

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|------------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Fodgstadnuten | - | 10:01 | - | 9 | 1:27 | 9 | 1:27 | - | 10:01 | - | 9 | 1:27 | 9 | 1:27 |
| Dalsnuten | - | 15:18 | - | 5 | 1:11 | 5 | 1:11 | - | 25:19 | - | 5 | 2:38 | 5 | 2:38 |
| Øvre Eikenuten | - | 10:39 | - | 1 | - | 1 | - | - | 35:58 | - | 5 | 2:04 | 5 | 2:04 |
| Gramstad mellor | - | 8:15 | - | 8 | 1:02 | 8 | 1:02 | - | 44:13 | - | 5 | 2:36 | 5 | 2:36 |
| Kollirudla | - | 12:25 | - | 28 | 2:30 | 28 | 2:30 | - | 56:38 | - | 6 | 4:43 | 6 | 4:43 |
| Mattisrudlå | - | 25:01 | - | 9 | 3:25 | 9 | 3:25 | - | 1:21:39 | - | 6 | 7:42 | 6 | 7:42 |
| Bjørndalsfjellet | - | 13:22 | - | 10 | 1:54 | 10 | 1:54 | - | 1:35:01 | - | 6 | 9:36 | 6 | 9:36 |
| Gramstadtjønna | - | 18:44 | - | 7 | 0:55 | 7 | 0:55 | - | 1:53:45 | - | 6 | 10:11 | 6 | 10:11 |
| Finish | - | 2:17 | - | 22 | 0:31 | 22 | 0:31 | 13.00 | 1:56:02 | - | 6 | 10:42 | 6 | 10:42 |