



## Detailed evaluation

**FRICKE, Benjamin**

Club: LEIDIG24 Triathlon Team  
Number: 1352

Course: 0.95 km  
Schüler Swim & Run (10 - 13 Jahre)

Category:  
männliche Schüler B

Total time: 7:34

Speed: 7.53 km/h  
Running performance: 7:58 min/km

Rank in course/Total: 6 (of 23)

Rank in course/Men: 6 (of 13)

Best time in course: 6:02

Rank in category: 2(of 6)

Best time in the category: 6:20

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.15	3:37	24:06	2	0:12	6	0:56	0.15	3:37	24:06	2	0:12	6	0:56
Laufen	0.80	3:57	4:56	5	1:02	11	1:02	0.95	7:34	7:57	2	1:14	6	1:32