



39. Alteburglauf  
Arnstadt / 05.05.2017

## Detailed evaluation

Pohanullah, Khadarkhel

Club: Arnstadt  
Number: 488

Course: 3.50 km  
Jugend- und Jedermannlauf

Category:  
Jedermann

Total time: 15:35

Speed: 11.55 km/h  
Running performance: 4:27 min/km

Rank in course/Total: 12 (of 45)

Rank in course/Men: 12 (of 28)

Best time in course: 12:46

Rank in category: 5(of 12)

Best time in the category: 12:46