



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

ERDMANN, Helena

Club: LSV Lok Arnstadt  
Number: 445

Course: 3.50 km  
Jugend- und Jedermannlauf

Category:  
weibliche Kinder W13 (13 Jahre)

Total time: 19:30

Speed: 9.23 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 39 (of 45)  
Rank in course/Women: 14 (of 17)  
Best time in course: 15:36

Rank in category: 3(of 3)  
Best time in the category: 17:00