



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

Thurm, Ingo

Club: SC Impuls Erfurt  
Number: 399

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 37:02

Speed: 16.20 km/h  
Running performance: 3:42 min/km

Rank in course/Total: 2 (of 106)

Rank in course/Men: 2 (of 82)

Best time in course: 36:38

Rank in category: 1(of 17)

Best time in the category: 37:02