



39. Alteburglauf
Arnstadt / 05.05.2017

Detailed evaluation

HELLER, Maik

Club: Schmalkalden
Number: 322

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 40:57

Speed: 14.65 km/h
Running performance: 4:06 min/km

Rank in course/Total: 6 (of 106)

Rank in course/Men: 6 (of 82)

Best time in course: 36:38

Rank in category: 4(of 9)

Best time in the category: 36:38