



39. Alteburglauf  
Arnstadt / 05.05.2017

## Detailed evaluation

**Smeibidl, Frank**

Club: ASV Erfurt  
Number: 403

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 42:19

Speed: 14.18 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 10 (of 106)

Rank in course/Men: 9 (of 82)

Best time in course: 36:38

Rank in category: 1(of 9)

Best time in the category: 42:19