



39. Alteburglauf  
Arnstadt / 05.05.2017

## Detailed evaluation

**Quester, Marcus**

Club: VfB Torpedo Ichtershausen  
Number: 390

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 45:48

Speed: 13.10 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 21 (of 106)

Rank in course/Men: 20 (of 82)

Best time in course: 36:38

Rank in category: 3(of 13)

Best time in the category: 40:49