



39. Alteburglauf
Arnstadt / 05.05.2017

Detailed evaluation

Mölders, Martin

Club: Liberales Laufteam
Number: 405

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 49:08

Speed: 12.21 km/h
Running performance: 4:55 min/km

Rank in course/Total: 38 (of 106)

Rank in course/Men: 35 (of 82)

Best time in course: 36:38

Rank in category: 2(of 7)

Best time in the category: 48:10