



39. Alteburglauf
Arnstadt / 05.05.2017

Detailed evaluation

SIMON, Holger

Club: Schmalkalden
Number: 360

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 50:38

Speed: 11.85 km/h
Running performance: 5:04 min/km

Rank in course/Total: 48 (of 106)

Rank in course/Men: 43 (of 82)

Best time in course: 36:38

Rank in category: 7(of 9)

Best time in the category: 36:38