



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

Melchert, Volkmar

Club: Die flinken Gerataler  
Number: 393

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 52:39

Speed: 11.40 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 62 (of 106)

Rank in course/Men: 56 (of 82)

Best time in course: 36:38

Rank in category: 2(of 4)

Best time in the category: 44:16