



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

Hochsattel, Hans-Jörg

Club: WSV08 Ilmenau  
Number: 397

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 53:44

Speed: 11.17 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 68 (of 106)

Rank in course/Men: 61 (of 82)

Best time in course: 36:38

Rank in category: 5(of 7)

Best time in the category: 48:10