



39. Alteburglauf
Arnstadt / 05.05.2017

Detailed evaluation

Bogen, Ines

Club: Arnstadt
Number: 411

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 55:04

Speed: 10.90 km/h
Running performance: 5:31 min/km

Rank in course/Total: 76 (of 106)

Rank in course/Women: 10 (of 24)

Best time in course: 41:36

Rank in category: 2(of 3)

Best time in the category: 50:18