



39. Alteburglauf
Arnstadt / 05.05.2017

Detailed evaluation

Birkefeld, Armin

Club: SG Crawinkel
Number: 401

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 55:24

Speed: 10.83 km/h
Running performance: 5:32 min/km

Rank in course/Total: 80 (of 106)

Rank in course/Men: 69 (of 82)

Best time in course: 36:38

Rank in category: 7(of 7)

Best time in the category: 48:10