



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

RITZE, Detlef

Club: Laufftreff Alteburg Arnstadt  
Number: 351

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 55:45

Speed: 10.76 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 83 (of 106)

Rank in course/Men: 71 (of 82)

Best time in course: 36:38

Rank in category: 4(of 5)

Best time in the category: 44:51