



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

**PRESCHER, Frank**

Club: USV Erfurt  
Number: 348

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 56:15

Speed: 10.67 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 84 (of 106)

Rank in course/Men: 72 (of 82)

Best time in course: 36:38

Rank in category: 9(of 9)

Best time in the category: 42:19