



39. Alteburglauf
Arnstadt / 05.05.2017

Detailed evaluation

SCHÄRF, Rita

Club: RSV Adler Arnstadt
Number: 353

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 58:16

Speed: 10.30 km/h
Running performance: 5:50 min/km

Rank in course/Total: 91 (of 106)

Rank in course/Women: 16 (of 24)

Best time in course: 41:36

Rank in category: 4(of 6)

Best time in the category: 53:25