



39. Alteburglauf  
Arnstadt / 05.05.2017

Detailed evaluation

EHLERT, Doreen

Club: ALG Löcknitztal  
Number: 310

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:10:09

Speed: 8.55 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 106 (of 106)

Rank in course/Women: 24 (of 24)

Best time in course: 41:36

Rank in category: 6(of 6)

Best time in the category: 53:25