



5. Arnstädter Alteburgstaffel
 Arnstadt / 24.05.2017

Detailed evaluation

Sparkasse Arnstadt-Ilmenau I

Club: Sparkasse Arnstadt-Ilmenau I
 Number: 28

Course: 6.00 km
 Staffel 5 x 1,2 km

Category:
 Staffel

Total time: 35:21

Speed: 10.18 km/h
 Running performance: 5:53 min/km

Rank in course: 24 (of 41)

Best time in course: 24:55

Rank in category: 24(of 41)

Best time in the category: 24:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	6:02	5:01	20	2:04	20	2:04	1.20	6:02	5:01	20	2:04	20	2:04
Wechsel	1.20	7:27	6:12	28	2:22	28	2:22	2.40	13:29	5:37	22	3:50	22	3:50
Wechsel	1.20	7:53	6:34	32	2:42	32	2:42	3.60	21:22	5:56	25	6:31	25	6:31
Wechsel	1.20	8:05	6:44	37	2:54	37	2:54	4.80	29:27	6:08	26	9:25	26	9:25
Finish	1.20	5:54	4:55	17	1:01	17	1:01	6.00	35:21	5:53	24	10:26	24	10:26