



5. Arnstädter Alteburgstaffel  
 Arnstadt / 24.05.2017

Detailed evaluation

RSV Adler Arnstadt I

Club: RSV Adler Arnstadt  
 Number: 25

Course: 6.00 km  
 Staffel 5 x 1,2 km

Category:  
 Staffel

Total time: 26:53

Speed: 13.39 km/h  
 Running performance: 4:29 min/km

Rank in course: 3 (of 41)

Best time in course: 24:55

Rank in category: 3(of 41)

Best time in the category: 24:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	4:44	3:56	6	0:46	6	0:46	1.20	4:44	3:56	6	0:46	6	0:46
Wechsel	1.20	6:01	5:00	10	0:56	10	0:56	2.40	10:45	4:28	8	1:06	8	1:06
Wechsel	1.20	5:29	4:34	4	0:18	4	0:18	3.60	16:14	4:30	6	1:23	6	1:23
Wechsel	1.20	5:25	4:30	3	0:14	3	0:14	4.80	21:39	4:30	4	1:37	4	1:37
Finish	1.20	5:14	4:21	3	0:21	3	0:21	6.00	26:53	4:28	3	1:58	3	1:58