



5. Arnstädter Alteburgstaffel

Arnstadt / 24.05.2017

Detailed evaluation

Fitte Trainer und Helfer

Club: Fitte Trainer und Helfer

Number: 14

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 38:58

Speed: 9.24 km/h

Running performance: 6:29 min/km

Rank in course: 38 (of 41)

Best time in course: 24:55

Rank in category: 38(of 41)

Best time in the category: 24:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	6:45	5:37	29	2:47	29	2:47	1.20	6:45	5:37	29	2:47	29	2:47
Wechsel	1.20	9:42	8:05	41	4:37	41	4:37	2.40	16:27	6:51	38	6:48	38	6:48
Wechsel	1.20	7:48	6:30	29	2:37	29	2:37	3.60	24:15	6:44	37	9:24	37	9:24
Wechsel	1.20	8:10	6:48	38	2:59	38	2:59	4.80	32:25	6:45	38	12:23	38	12:23
Finish	1.20	6:33	5:27	29	1:40	29	1:40	6.00	38:58	6:29	38	14:03	38	14:03