



# 5. Arnstädter Alteburgstaffel

Arnstadt / 24.05.2017

## Detailed evaluation

### Indoorbau Röhricht GmbH

Club: Indoorbau Röhricht GmbH

Number: 19

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 28:16

Speed: 12.74 km/h

Running performance: 4:43 min/km

Rank in course: 8 (of 41)

Best time in course: 24:55

Rank in category: 8(of 41)

Best time in the category: 24:55

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:00	4:10	10	1:02	10	1:02	1.20	5:00	4:10	10	1:02	10	1:02
Wechsel	1.20	5:39	4:42	5	0:34	5	0:34	2.40	10:39	4:26	7	1:00	7	1:00
Wechsel	1.20	6:05	5:04	10	0:54	10	0:54	3.60	16:44	4:38	8	1:53	8	1:53
Wechsel	1.20	6:09	5:07	12	0:58	12	0:58	4.80	22:53	4:46	8	2:51	8	2:51
Finish	1.20	5:23	4:29	6	0:30	6	0:30	6.00	28:16	4:42	8	3:21	8	3:21