



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

FESSEHAYE, Mulugeta

Club: Malteser Welcome-Büro
Number: 7

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 10:34

Speed: 17.03 km/h
Running performance: 3:31 min/km

Rank in course/Total: 1 (of 34)

Rank in course/Men: 1 (of 18)

Best time in course: 10:34

Rank in category: 1(of 2)

Best time in the category: 10:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	5:59	3:28	1	-	1	-	1.72	5:59	3:28	1	-	1	-
Last lap Finish	1.28	4:35	3:34	1	-	1	-	3.00	10:34	3:31	1	-	1	-