



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Schulz, Hartmut

Club: Dream Team Ilmenau

Number: 252

Course: 10.00 km

n3 10-km-Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 54:10

Speed: 11.08 km/h

Running performance: 5:25 min/km

Rank in course/Total: 48 (of 62)

Rank in course/Men: 41 (of 45)

Best time in course: 31:41

Rank in category: 2(of 2)

Best time in the category: 43:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	8:39	5:10	2	1:56	40	3:38	1.67	8:39	5:10	2	1:56	40	3:38
Lap 2	2.35	12:23	5:16	2	2:06	36	4:53	4.02	21:02	5:13	2	4:02	37	8:31
Lap 3	2.35	12:41	5:23	2	2:13	35	5:08	6.37	33:43	5:17	2	6:15	37	13:39
Lap 4	2.35	12:57	5:30	2	2:20	40	5:25	8.72	46:40	5:21	2	8:35	37	19:04
Last lap Finish	1.28	7:30	5:51	2	1:36	43	3:25	10.00	54:10	5:24	2	10:11	41	22:29