



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Schmidt, André

Club: Katholische Laufjugend Arnstadt
Number: 263

Course: 10.00 km
n3 10-km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 58:36

Speed: 10.24 km/h
Running performance: 5:52 min/km

Rank in course/Total: 54 (of 62)

Rank in course/Men: 45 (of 45)

Best time in course: 31:41

Rank in category: 5(of 5)

Best time in the category: 46:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
						Pos Men	Behind Men	Total km	Total Time					Total min/km
Lap 1	1.67	9:12	5:30	5	2:03	45	4:11	1.67	9:12	5:30	5	2:03	45	4:11
Lap 2	2.35	13:48	5:52	5	2:48	45	6:18	4.02	23:00	5:43	5	4:47	45	10:29
Lap 3	2.35	13:59	5:57	5	3:07	44	6:26	6.37	36:59	5:48	5	7:42	45	16:55
Lap 4	2.35	13:55	5:55	5	2:56	44	6:23	8.72	50:54	5:50	5	10:38	45	23:18
Last lap Finish	1.28	7:42	6:00	5	1:52	44	3:37	10.00	58:36	5:51	5	12:16	45	26:55