



# 27. Arnstädter Citylauf

Arnstadt / 29.04.2017

## Detailed evaluation

**Hildesheim, Marcus**

Club: VfB Torpedo Ichtershausen

Number: 134

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 19:34

Speed: 15.33 km/h

Running performance: 3:55 min/km

Rank in course/Total: 3 (of 40)

Rank in course/Men: 3 (of 26)

Best time in course: 18:06

Rank in category: 1(of 3)

Best time in the category: 19:34

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 1.38        | 5:00          | 3:37            | 1           | -              | 3           | 0:19          | 1.38          | 5:00          | 3:37            | 1           | -              | 3          | 0:19          |
| Lap 2           | 2.34        | 9:20          | 3:59            | 1           | -              | 3           | 0:50          | 3.72          | 14:20         | 3:51            | 1           | -              | 3          | 1:09          |
| Last lap Finish | 1.28        | 5:14          | 4:05            | 1           | -              | 3           | 0:19          | 5.00          | 19:34         | 3:54            | 1           | -              | 3          | 1:28          |