



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

HEIN, Lea

Club: Katholische Laufjugend Arnstadt
Number: 208

Course: 10.00 km
n3 10-km-Lauf

Category:
weibliche Jugend U20 (18-19 Jahre)

Total time: 1:00:14

Speed: 9.96 km/h
Running performance: 6:01 min/km

Rank in course/Total: 57 (of 62)

Rank in course/Women: 12 (of 17)

Best time in course: 45:15

Rank in category: 1(of 1)

Best time in the category: 1:00:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.67	9:05	5:26	1	-	11	1:55	1.67	9:05	5:26	1	-	11	1:55
Lap 2	2.35	13:55	5:55	1	-	10	3:14	4.02	23:00	5:43	1	-	11	5:09
Lap 3	2.35	14:36	6:12	1	-	13	3:52	6.37	37:36	5:54	1	-	13	9:00
Lap 4	2.35	14:28	6:09	1	-	12	3:58	8.72	52:04	5:58	1	-	13	12:41
Last lap Finish	1.28	8:10	6:22	1	-	13	2:18	10.00	1:00:14	6:01	1	-	12	14:59