



27. Arnstädter Citylauf
 Arnstadt / 29.04.2017

Detailed evaluation

Hecht, Stephanie

Club: N3 Engine Overhaul Services
 Number: 248

Course: 10.00 km
 n3 10-km-Lauf

Category:
 Seniorinnen W35 (35-39 Jahre)

Total time: 1:01:41

Speed: 9.73 km/h
 Running performance: 6:10 min/km

Rank in course/Total: 61 (of 62)

Rank in course/Women: 16 (of 17)

Best time in course: 45:15

Rank in category: 5(of 5)

Best time in the category: 49:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.67	9:03	5:25	3	1:44	10	1:53	1.67	9:03	5:25	3	1:44	10	1:53
Lap 2	2.35	13:57	5:56	4	2:14	12	3:16	4.02	23:00	5:43	4	3:58	11	5:09
Lap 3	2.35	14:57	6:21	5	3:12	16	4:13	6.37	37:57	5:57	4	7:10	14	9:21
Lap 4	2.35	15:08	6:26	5	3:12	16	4:38	8.72	53:05	6:05	5	10:22	15	13:42
Last lap Finish	1.28	8:36	6:43	5	2:03	16	2:44	10.00	1:01:41	6:10	5	12:25	16	16:26