



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

KÖPPLER, Lea

Club: LSV Lok Arnstadt

Number: 15

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 14:48

Speed: 12.16 km/h

Running performance: 4:56 min/km

Rank in course/Total: 17 (of 34)

Rank in course/Women: 5 (of 16)

Best time in course: 14:07

Rank in category: 1(of 1)

Best time in the category: 14:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	8:17	4:48	1	-	6	0:24	1.72	8:17	4:48	1	-	6	0:24
Last lap Finish	1.28	6:31	5:05	1	-	3	0:17	3.00	14:48	4:56	1	-	5	0:41