



27. Arnstädter Citylauf
Arnstadt / 29.04.2017

Detailed evaluation

Reif, Johann

Club: Laufcombo Reif
Number: 40

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend M15 (15 Jahre)

Total time: 10:58

Speed: 16.41 km/h
Running performance: 3:40 min/km

Rank in course/Total: 2 (of 34)

Rank in course/Men: 2 (of 18)

Best time in course: 10:34

Rank in category: 1(of 1)

Best time in the category: 10:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	6:18	3:39	1	-	3	0:19	1.72	6:18	3:39	1	-	3	0:19
Last lap Finish	1.28	4:40	3:38	1	-	2	0:05	3.00	10:58	3:39	1	-	2	0:24