



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Hänsngen, Juliane

Club: TSG Ruhla / WSC 07
Number: 34

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
weibliche Jugend W13 (13 Jahre)

Total time: 15:43

Speed: 11.45 km/h
Running performance: 5:14 min/km

Rank in course/Total: 19 (of 34)

Rank in course/Women: 7 (of 16)

Best time in course: 14:07

Rank in category: 1(of 3)

Best time in the category: 15:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	8:41	5:02	1	-	8	0:48	1.72	8:41	5:02	1	-	8	0:48
Last lap Finish	1.28	7:02	5:29	1	-	7	0:48	3.00	15:43	5:14	1	-	7	1:36