



# 27. Arnstädter Citylauf

Arnstadt / 29.04.2017

## Detailed evaluation

### Schnauß, Markus

Club: Katholische Laufjugend Arnstadt  
Number: 124

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 20:54

Speed: 14.35 km/h

Running performance: 4:11 min/km

Rank in course/Total: 5 (of 40)

Rank in course/Men: 5 (of 26)

Best time in course: 18:06

Rank in category: 1 (of 6)

Best time in the category: 20:54

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	5:29	3:58	1	-	5	0:48	1.38	5:29	3:58	1	-	5	0:48
Lap 2	2.34	9:52	4:12	1	-	5	1:22	3.72	15:21	4:07	1	-	5	2:10
Last lap Finish	1.28	5:33	4:20	1	-	5	0:38	5.00	20:54	4:10	1	-	5	2:48