



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

BOUMAN, Jasper

Total time: 21:32

Club: N3 Engine Overhaul Services GmbH & Co.KG
Number: 101

Speed: 13.93 km/h

Running performance: 4:19 min/km

Course: 5.00 km

Rank in course/Total: 6 (of 40)

Die Schwenninger Krankenkasse 5-km-Lauf

Rank in course/Men: 6 (of 26)

Best time in course: 18:06

Category:

Rank in category: 2(of 6)

Senioren M40 (40-44 Jahre)

Best time in the category: 20:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	5:29	3:58	1	-	5	0:48	1.38	5:29	3:58	1	-	5	0:48
Lap 2	2.34	10:21	4:25	2	0:29	6	1:51	3.72	15:50	4:15	2	0:29	6	2:39
Last lap Finish	1.28	5:42	4:27	2	0:09	6	0:47	5.00	21:32	4:18	2	0:38	6	3:26