



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Vogel, Lennart

Club: Sv mühlhausen

Number: 39

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 11:14

Speed: 16.02 km/h

Running performance: 3:44 min/km

Rank in course/Total: 3 (of 34)

Rank in course/Men: 3 (of 18)

Best time in course: 10:34

Rank in category: 1(of 2)

Best time in the category: 11:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	6:17	3:39	1	-	2	0:18	1.72	6:17	3:39	1	-	2	0:18
Last lap Finish	1.28	4:57	3:52	1	-	3	0:22	3.00	11:14	3:44	1	-	3	0:40