



# 27. Arnstädter Citylauf

Arnstadt / 29.04.2017

## Detailed evaluation

**Prade, Diana**

Club: Leinatal  
Number: 37

Course: 3.00 km  
McDonald`s 3-km-Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 17:08

Speed: 10.51 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 26 (of 34)  
Rank in course/Women: 14 (of 16)  
Best time in course: 14:07

Rank in category: 1(of 1)  
Best time in the category: 17:08

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	1.72	9:34	5:33	1	-	15	1:41	1.72	9:34	5:33	1	-	15	1:41
Last lap Finish	1.28	7:34	5:54	1	-	14	1:20	3.00	17:08	5:42	1	-	14	3:01