



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

Prasser, Maxi

Club: SG Einheit Arnstadt

Number: 31

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W13 (13 Jahre)

Total time: 16:57

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course/Total: 23 (of 34)

Rank in course/Women: 11 (of 16)

Best time in course: 14:07

Rank in category: 3(of 3)

Best time in the category: 15:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.72	9:33	5:33	3	0:52	14	1:40	1.72	9:33	5:33	3	0:52	14	1:40
Last lap Finish	1.28	7:24	5:46	3	0:22	10	1:10	3.00	16:57	5:38	3	1:14	11	2:50