



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

ROTT, Theresa

Club: LSV Lok Arnstadt

Number: 115

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

weibliche Jugend U20 (18-19 Jahre)

Total time: 22:27

Speed: 13.36 km/h

Running performance: 4:29 min/km

Rank in course/Total: 8 (of 40)

Rank in course/Women: 1 (of 14)

Best time in course: 22:27

Rank in category: 1(of 1)

Best time in the category: 22:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	5:51	4:14	1	-	1	-	1.38	5:51	4:14	1	-	1	-
Lap 2	2.34	10:50	4:37	1	-	1	-	3.72	16:41	4:29	1	-	1	-
Last lap Finish	1.28	5:46	4:30	1	-	1	-	5.00	22:27	4:29	1	-	1	-