



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

ROTT, Theresa

Club: LSV Lok Arnstadt

Number: 115

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

weibliche Jugend U20 (18-19 Jahre)

Total time: 22:27

Speed: 13.36 km/h

Running performance: 4:29 min/km

Rank in course/Total: 8 (of 40)

Rank in course/Women: 1 (of 14)

Best time in course: 22:27

Rank in category: 1(of 1)

Best time in the category: 22:27

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 1.38 | 5:51 | 4:14 | 1 | - | 1 | - | 1.38 | 5:51 | 4:14 | 1 | - | 1 | - |
| Lap 2 | 2.34 | 10:50 | 4:37 | 1 | - | 1 | - | 3.72 | 16:41 | 4:29 | 1 | - | 1 | - |
| Last lap Finish | 1.28 | 5:46 | 4:30 | 1 | - | 1 | - | 5.00 | 22:27 | 4:29 | 1 | - | 1 | - |