



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

KRAUSE, Katharina

Total time: 22:34

Club: N3 Engine Overhaul Services GmbH & Co.KG
Number: 109

Speed: 13.29 km/h

Running performance: 4:31 min/km

Course: 5.00 km

Rank in course/Total: 10 (of 40)

Die Schwenninger Krankenkasse 5-km-Lauf

Rank in course/Women: 2 (of 14)

Best time in course: 22:27

Category:

Rank in category: 1(of 2)

Seniorinnen W30 (30-34 Jahre)

Best time in the category: 22:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	5:52	4:15	1	-	2	0:01	1.38	5:52	4:15	1	-	2	0:01
Lap 2	2.34	10:50	4:37	1	-	1	-	3.72	16:42	4:29	1	-	2	0:01
Last lap Finish	1.28	5:52	4:34	1	-	2	0:06	5.00	22:34	4:30	1	-	2	0:07