



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

HILL, Tom - Lorenz

Club: FV - HmM Arnstadt

Number: 11

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend M14 (14 Jahre)

Total time: 12:04

Speed: 14.92 km/h

Running performance: 4:01 min/km

Rank in course/Total: 4 (of 34)

Rank in course/Men: 4 (of 18)

Best time in course: 10:34

Rank in category: 1(of 1)

Best time in the category: 12:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	6:44	3:54	1	-	4	0:45	1.72	6:44	3:54	1	-	4	0:45
Last lap Finish	1.28	5:20	4:09	1	-	4	0:45	3.00	12:04	4:01	1	-	4	1:30