



27. Arnstädter Citylauf
Arnstadt / 29.04.2017

Detailed evaluation

KALLMEYER, René

Club: -

Number: 13

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 18:00

Speed: 10.00 km/h

Running performance: 6:00 min/km

Rank in course/Total: 32 (of 34)

Rank in course/Men: 16 (of 18)

Best time in course: 10:34

Rank in category: 1(of 1)

Best time in the category: 18:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	10:17	5:58	1	-	16	4:18	1.72	10:17	5:58	1	-	16	4:18
Last lap Finish	1.28	7:43	6:01	1	-	14	3:08	3.00	18:00	6:00	1	-	16	7:26