



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

VOGLER, Andy

Club: -

Number: 122

Course: 5.00 km

Die Schwenninger Krankenkasse 5-km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 23:02

Speed: 13.02 km/h

Running performance: 4:37 min/km

Rank in course/Total: 12 (of 40)

Rank in course/Men: 10 (of 26)

Best time in course: 18:06

Rank in category: 3(of 6)

Best time in the category: 20:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	1.38	6:05	4:24	4	0:36	15	1:24	1.38	6:05	4:24	4	0:36	15	1:24
Lap 2	2.34	10:56	4:40	3	1:04	9	2:26	3.72	17:01	4:34	3	1:40	10	3:50
Last lap Finish	1.28	6:01	4:42	3	0:28	9	1:06	5.00	23:02	4:36	3	2:08	10	4:56