



27. Arnstädter Citylauf

Arnstadt / 29.04.2017

Detailed evaluation

URBANNECK, Oliver

Total time: 23:49

Club: N3 Engine Overhaul Services GmbH & Co.KG

Speed: 12.60 km/h

Number: 121

Running performance: 4:46 min/km

Course: 5.00 km

Rank in course/Total: 16 (of 40)

Die Schwenninger Krankenkasse 5-km-Lauf

Rank in course/Men: 14 (of 26)

Best time in course: 18:06

Category:

Rank in category: 4(of 6)

Senioren M40 (40-44 Jahre)

Best time in the category: 20:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	6:09	4:27	5	0:40	17	1:28	1.38	6:09	4:27	5	0:40	17	1:28
Lap 2	2.34	11:21	4:51	4	1:29	12	2:51	3.72	17:30	4:42	4	2:09	14	4:19
Last lap Finish	1.28	6:19	4:56	4	0:46	13	1:24	5.00	23:49	4:45	4	2:55	14	5:43